

# Achievement Badge Handbook

(E-Book Edition)

This is the official Achievement Badge Handbook of the Boy Scouts of the Philippines.

KAB Scouting is now ready to develop further the interests of boys ages 6 to 9 years old, and to open their eyes to other interesting things. This is what Achievement Requirements hope to do.

This Handbook will open up new vistas in KAB Scouting.

Special thanks to **Bong Saculles** for creating this digital copy  
for the **Boy Scouts of the Philippines**.

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# **Your Achievement Badge Handbook**

This is your Achievement Badge Handbook. For your reference, get the following information and write them on a clean sheet of paper:

Name

Address

Your Color Group

Your Kawan Number

Name of your Institution/School

Date you earned your Membership Badge

Name of your Kawan Leader

Name of your Assistant Kawan Leader

## Letter to Parents

Dear Parents,



Congratulations!

Your KAB Scout son is off to a good start in his advancement trail. The credit is partly yours. You have been a great partner in Scouting. This handbook will open up new vistas in KAB Scouting.

What are your KAB Scout son's interests? Is he interested in working and playing with others, taking care of pets, growing plants, singing and dancing, or doing things at home? Does he have hobbies?

KAB Scouting is now ready to develop further your son's interests and to open his eyes to other interesting things. This is what Achievement requirements hope to do.

With your help, your son will work on Achievement requirements at every step of his advancement trail. There are Achievement requirements he must do in each rank. After finishing the advancement requirements of a rank, he can work for other Achievement Badges as he waits to become of age for the next rank. There are lots of Achievement Badges to choose from.

This handbook will be used by your son during his entire KAB Scouting days. Help him use it well. Help him identify his interests and develop other interests.

**HAPPY SCOUTING!**

Your Kawan Leader

## The Achievement Trail

Now you are ready to make choices. You can choose more of what you want to know. You can choose what things you want to do.

The Achievement requirements help you accomplish them. There are lots of Achievement requirements to choose from.

Look through the pages of this Handbook. What interests you? Mark it. When the time comes, work on it. Work on it with your family. Share your interest with your family.

**READY...**

**Follow the Achievement Trail...**

## Duty To God

Duty to God means you practice your religion. It can be at home, in school, or in the church. It can also be done in other places of worship.



## ***BE GOOD, BE HAPPY***

A KAB Scout knows what is right.

He also knows what is wrong.

Do what is right.

You will feel happy.

You will make others happy.



### **1. Be a good KAB Scout.**

**Here are some rules to follow.**

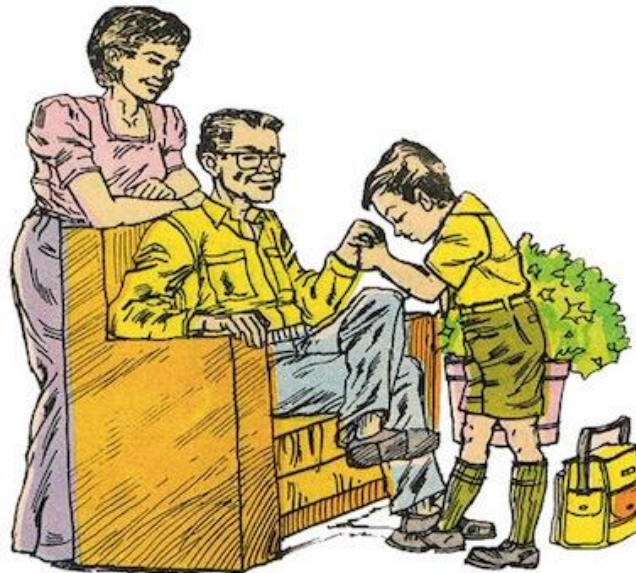
- Share your toys.
- Join KAB Scout activities.
- Always attend KAB Scout meetings.
- Play with your younger brother or sister.
- Greet family members on special days.

Which ones are you already doing?

Get a clean sheet of paper and copy the above rules. Add 5 more.

**2. Greet your Kawan Leader.**

**Greet your elders when you reach home.**



**3. Smile...**

**Smile to everyone.**

It is easy.

Do this everyday.

Smile at your leaders.

Were they happy?



Make others happy.

You will be happy, too.

There are many things to make others happy.

Try some of these.

#### **4. Do you always...**

- help your parents?
- help your teachers?
- help your KAB Scout leaders?
- join KAB Scout activities?
- play fairly with others?

## ***GIVE PEACE***

Be at peace with one another.

When there is peace there is love.

There is sharing.

Everyone is happy.



### **1. What is peace?**

**Tell your Kawan Leader.**

### **2. Learn stories about peace.**

**Tell one of them to your Color Group.**





**3. Sing a song about peace.  
Sing it with your family or Color Group.**

**Let There Be Peace**

Let there be peace on earth  
And let it begin with me;  
Let there be peace on earth,  
A peace that was meant to be.

With God as our Father  
Brothers all are we;  
Let me walk with my brother  
In perfect harmony.

Let peace begin with me

Let this be the moment now;  
With every breath I take  
Let this be my solemn vow.

To take each moment  
And live each moment in peace eternally;  
Let there be peace on earth  
And let it begin with me.

~~~

### **A Time to Be Happy is Now**

A time to be happy is now;  
A place to be happy is here;  
And the way to be happy  
Is to make others happy  
And to build a little heaven down here.

~~~

### **It's Love**

{It's love, it's love,  
It's love that makes the world go round.} (3x)

### *Refrain:*

Roll me over the ocean  
Roll me over the sea  
Roll me over the ocean

And the deep blue sea. (2x)

Replace love with:

I

YOU

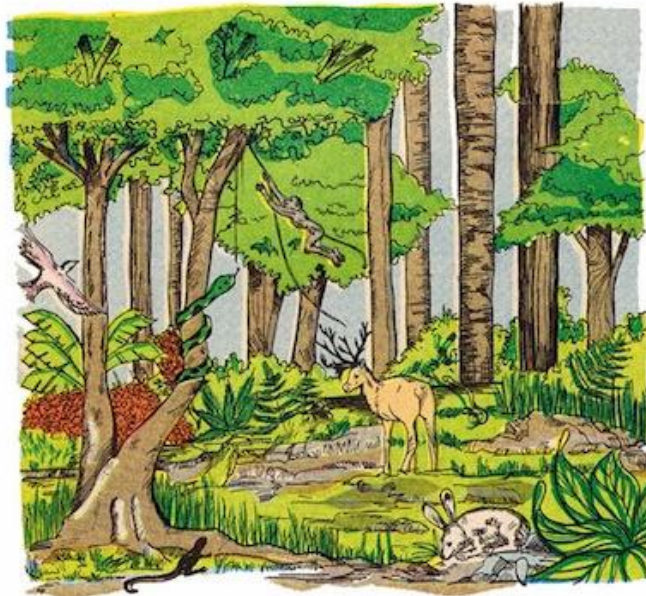
US

## ***TAKE CARE OF OUR WORLD***

The earth is our planet, our world.

It's the only one we have.

We should take care of it. How?



- 1. Collect old newspapers for at least a month.  
Stack and tie them neatly using packer's knot.  
Sell them.**

Take note of the following:

No. of kilos sold

Amount collected for each month



**2. Collect bottles.**

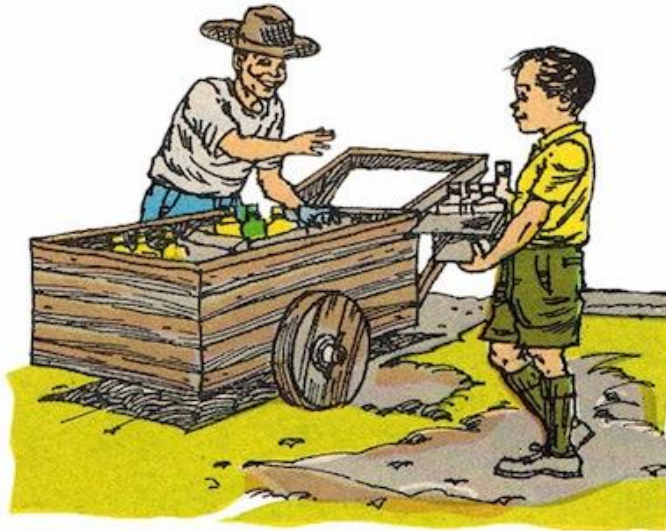
**Rinse and dry them.**

**Then sell them.**

Take note of the following:

No. of bottles collected

Amount collected for each month



**3. Sort out your waste materials.**

**Keep them in separate containers like sacks, boxes, or plastic bags - one for dry waste one for wet waste.**

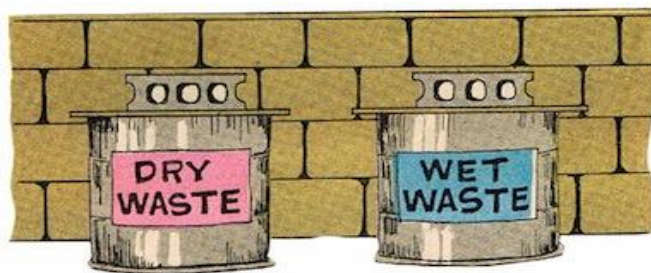
Keep them tightly covered.

Bury the wet waste.

Recycle the dry waste.

Sell the newspapers, bottles, scrap metal, plastic

Give the rest to the garbage collector.



**4. Here are ways to save on electricity.**

**Show your mother or father that you practice them.**

Close the refrigerator immediately after use.



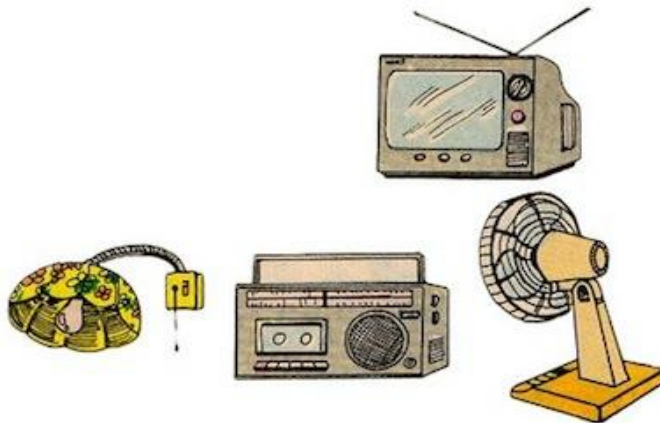
Use these only when necessary:

TV

lights

radio

electric fan



**5. Here are ways to save on water.**

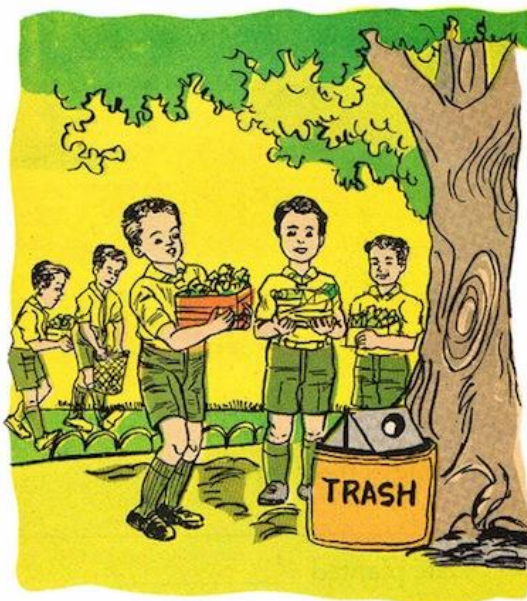
- Check faucet for leaks.
- Get water enough for your use.
- Recycle water.

- Collect rain water.
- Water plants early in the morning or late in the afternoon.

Look for any dripping faucet. Help your father repair it.



- 6. With our Color Group visit a park or plaza.  
Collect all rubbish.  
Throw them in garbage cans.**



- 7. Plant a tree or shrub in your yard. Label it.**

**OR**

**As a Color Group, plant a tree or shrub in your school.**



In a clean sheet of paper, make a record of the following:

Name of tree/shrub

Date planted

**8. In a clean sheet of paper, list three things you can do to make the place where you live clean and beautiful.**

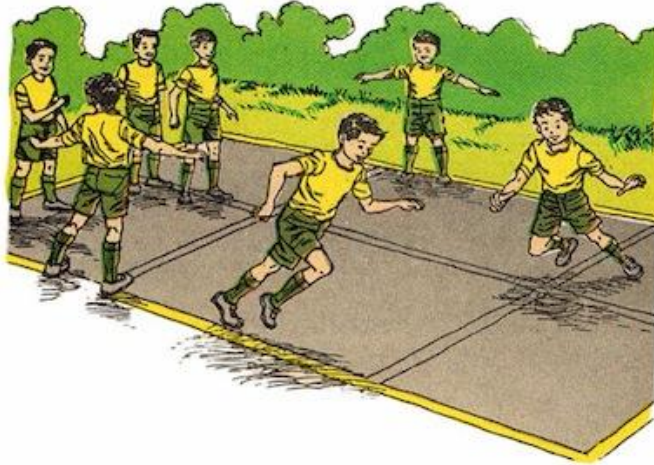
## ***TEAMWORK***

The KAB Scout helps his Kawan go.

You help your Color Group and Kawan at work and at play.

You work or play happily together to make your Kawan go.



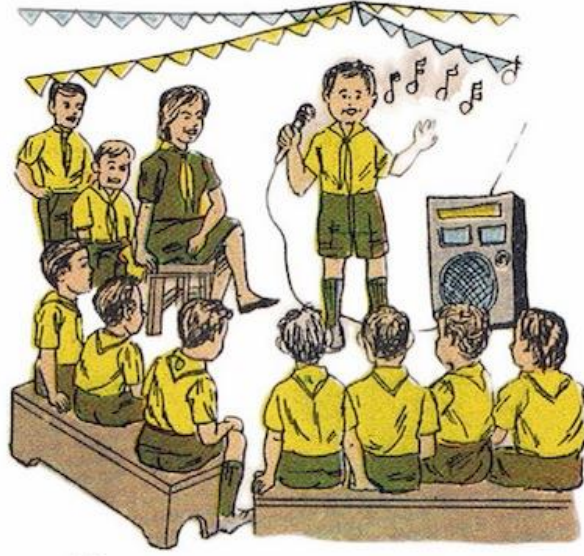


- 1. Take an active part in a group game.**  
**Learn the rules of the game.**  
**Follow the rules of the game.**

Take note of the name of the game.



- 2. Take part in a special Color Group or Kawan activity.**



Take note of the following:

Color Group or Kawan Activity (e.g. Kawan Party, Sing-A-Long, etc.)

What did you do?

How did you feel?

### **3. Join in a team game.**

**Show how well you can play as a member of the team.**



Did your Color Group play well? Why/Why not?

Tell your Kawan Leader.

## OUR LIVING WORLD

Our world is a big one.

We should take care of it.

We can start with our own small world.



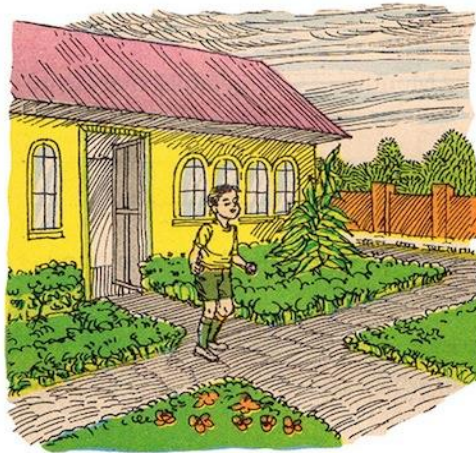
**1. What are the rainy months in your town/city?**

**What are the dry months?**

**What vegetables grow in each season?**

**What vegetables grow all-year round?**

**Tell your Kawan Leader about these.**



**2. Help keep your neighborhood clean.**  
**What did you do?**



List down 5-6 of the things you did to keep your neighborhood clean.

**3. Make your place beautiful.**  
**Write what you did in a clean sheet of paper.**

**4. Look for stories about people who protect our living world.**  
**Read them.**  
**Talk about them to your family or Color Group.**

Make a record of the following:

Who is the story that I read about

How did he/she help protect our living world

**5. With your father/mother plan what you can do to help take care of your home, garden, or yard.**

**Show them what you have done after a month.**

List down your plans in a clean sheet of paper. For each of your plans, record the Date Started and the Date Finished.

## ***PETS ARE FUN***

Being a pet owner means being responsible.

It means taking care of a pet as long as it lives.

Choose your pets wisely.

They can be good friends and Companions.

**1. Take care of a pet.**

**Show your mother/father how you care for it.**



**2. Name six animals that would make good pets.  
Tell why they make good pets.**

**3. Read a book or ask about a pet animal.  
Tell your Color Group about it.**



Take note of the following:

Title of Book

Author

What I learned (list at least three)

**4. With your family or Color Group, visit a pet shop or farm.**

**Know the animals there.**  
**List down the names of at least five of them.**

Take note of the following:

Name of Pet Shop

Owner

Pets in the Shop/Farm (list down at least five)

## ***OUR FOREST FRIENDS***

Forests are our friends.

They help prevent floods.

They also give us wood, fresh air, and beautiful flowers.

Forests are homes to different animals.



- 1. Read or ask your parents about the deer.**  
**Write a report about it.**  
**Share it with your Color Group or Kawan.**  
**Put drawings in your report.**

**2. Name 10 living things found in our forests.  
Choose one and write what you know about it.**

*Examples:*

Tamaraw

Vines

Wild cat

Wild fern

Wild pig

Wild orchid

Monkey-eating eagle

Mousedeer

Others

**3. Visit one of the following places with your family or Color Group.  
Tell what you found interesting in the place.**

Zoo

Forest Reservation

Parks & Wildlife

Nature Museum

**4. Name one animal that we seldom see now.**

Tell why it is becoming rare.

Tell what we can do to protect this animal.



## **NATURE STUDY**

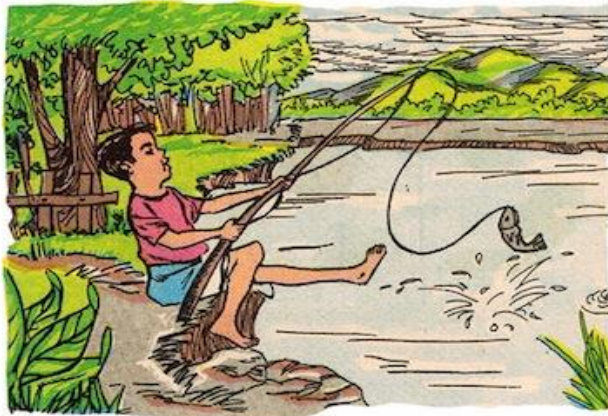
The world around us is full of surprises.

God made the living things.

God made them all.

We see them on land, in the water, in the air or in the sky.

You can have fun getting to know them.



### **1. Go out and collect:**

5 different leaves

5 different flowers

Lay them flat inside plastic bags.

Press them between two heavy materials.

Don't forget to put labels.

Make a scrapbook about them.



**2. With your Color Group, visit a zoo or read about animals kept in a zoo.  
Tell your Kawan Leader about one of them.**

Take note of the following:

Animal's name

Where it came from

Its food

Special care it needs (list down at least two)



**3. Draw or cut pictures of:**

**a mountain;**

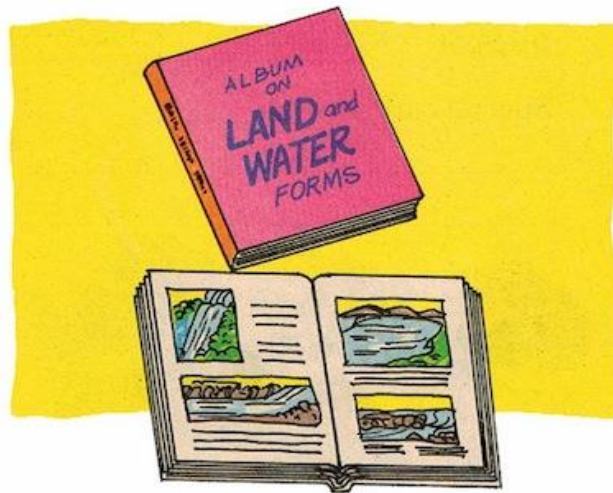
**volcano;**

**a river,**

**lake, or sea;**

**other land or water forms.**

Make a scrapbook of these.



***GROW SOMETHING***

Making things grow is like magic. You put tiny seeds in the ground and green plants come out. This is because God makes it so.



**1. Make a box garden of flowering plants.**

**OR**

**Plant in cans or pots.**

**Show it to your Kawan Leader after a month.**

Record the following:

Name of flowering plant

Date of planting

Date when flowers came out

**2. Grow and care for an indoor plant.**

**Tell your Kawan Leader how you care for it.**

Record the following:

Name of plant

Date planted

How you take care of the plant (list down at least three)

**3. With your Color Group raise vegetables (may be in cans).**

**Record what you do to your vegetable garden for at least a month.**

Record the following:

Name of your Color Group

Month

Vegetables Raised

For each vegetable raised, indicate the following:

Date Planted

Date Harvested

What you did to the Harvest

**4. Collect or draw pictures of at least five:**

**trees**

**shrubs**

**vines**

**herbs**

Put them in an album.

Label the pictures.

Show the album to your Color Group.



## **SKY WATCH**

Look at the sky one sunny day.

See the white clouds all around.

In the evening, look at the sky and see the stars.

You'll discover a lot of things about them.



- 1. Draw pictures showing different types of clouds.  
Tell something about each.**

**What cloud formation do you like most?  
Tell why you like it.**

- 2. Look at the sky on a cloudy day.  
Do they form figures?  
What figures can you see? Point at the figures.**



Record the following:

Date of watching

Figures you saw (name and draw)

Give a title to your drawing/s

- 3. Watch the sky one evening.  
Try to look for groups of stars.**

*Examples:*

North Star

Big Dipper

Small Dipper

Orion

Cassiopeia

and others



Record the following:

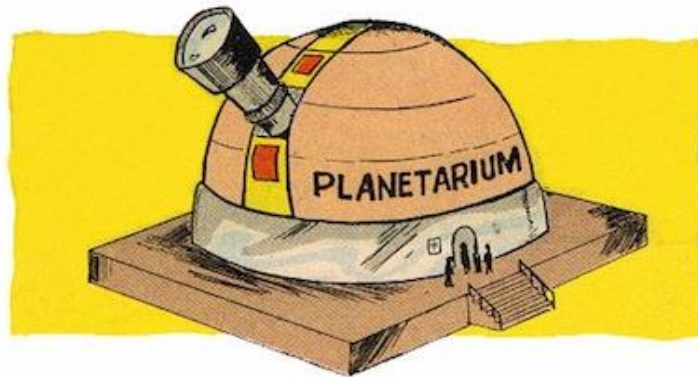
Date of watching

Group of Stars seen

Draw the group of stars you've seen.

**4. If possible, visit a planetarium.**

**Write what you learned.**





## DUTY TO COUNTRY

### GOOD CITIZENSHIP

You are a Filipino citizen.

Be a responsible citizen.

Show your love for your country.



- 1. With your parents, visit your barangay hall.  
Meet the barangay officials.  
Know the *barangay tanod*.  
He patrols your neighborhood.**

List down the names of your Barangay Officials:

Barangay Chairman

*Kagawad* (list down all their names)

*Barangay Tanod*

**2. With your Kawan Leaders, visit your local police station or sub-station.  
Meet the police officers. Write down their names.**



**3. Ask your parents what you will do when you see:**

**an accident**

**a robbery**

**a bag snatching**

**a drug abuser**

**others**



**4. Every community has rules.**

**People obey these rules.**

**Then they live in peace.**

**What are the laws in your community?**

**Obey the laws in your community.**

- Obey traffic rules.
- Respect the property of others.
- Take care of public property.
- Throw your garbage in the proper place.



**5. Explain what these signs mean.**



- 6. Help our country.  
Buy Philippine-made products.  
Use Philippine-made products.  
Show that you do these.**

In clean sheets of paper, do the following

- a. Name three Filipino dishes that you like
- b. Draw and color three Philippine fruits you like. Write their names.
- c. Go around your house. List Philippine products that you use. (List down at least six)

## **COMMUNITY CHALLENGES**

Do you live in a nice community?

Is it a safe place to live in?

How do you help keep it so?

### **1. Name a problem in your community.**

*Examples:*

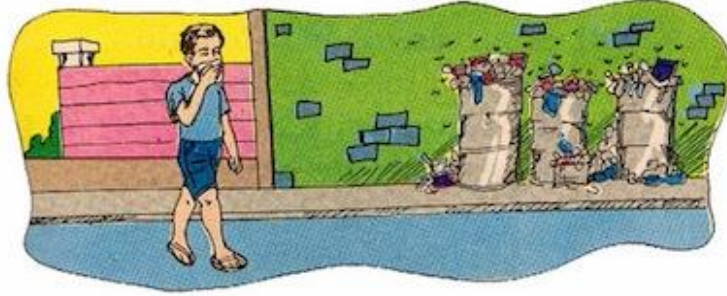
Garbage

Noise

Dirty air

Dirty water

Water shortage



Tell what you can do to help solve the problems.

**2. Name three persons who can help solve the problems in your community.**

**3. Write a letter to your Barangay Captain.**

**Tell what can be done to help solve the problems in your community.**



**4. Name three organizations in your community that help people.**

**Tell what they do.**

**How can you help them?**

## ***LET'S SING AND DANCE THE FILIPINO WAY***

We Filipinos are a musical people.

We love to sing.

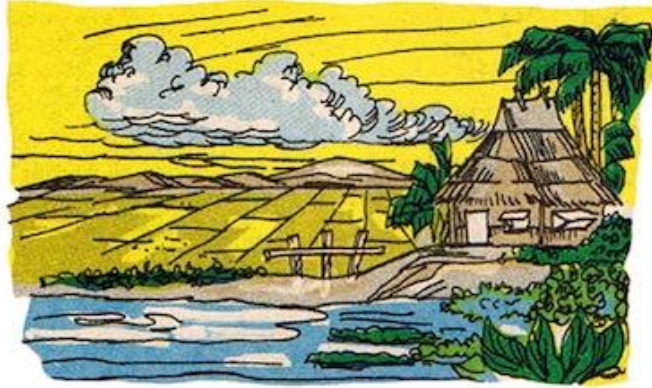
We love to dance.

Learn to sing our folk songs.

Learn some of our folk dances.



- 1. Learn some of our folk songs.  
Sing one of them to your family.  
Teach it to your Color Group.**



### **Bahay Kubo**

*Bahay kubo kahit munti*

*Ang halaman doon ay sari sari:*

*Singkamas at talong, sigarillas at mani,*

*Sitaw, bataw, patani.*

*Kundol, patola, upo't kalabasa*

*At saka mayroon pang labanos, mustasa;*

*Sibuyas, kamatis, bawang, at luya,*

*Sa paligid-ligid ay puno ng linga.*

~~~

### **Leron-Leron Sinta**

*Leron, leron sinta*

*Buko ng papaya;*

*Dala-dala'y buslo,*

*Sisidlan ng bunga;*

*Pagdating sa dulo'y*

*Nabali ang sanga,  
Kapos kapalaran  
Humanap ng iba.*

*Gumising ka, Neneng  
Tayo'y manampalok;  
Dalhin mo ang buslo't  
Sisidlan ng hinog.  
Pagdating sa dulo'y  
Lalamba-lambayog;  
Kumapit ka, Neneng  
Baka ka mahulog.*

*Ako'y ibigin mo  
Lalaking matapang,  
Ang baril ko'y pito  
Ang sundang ko'y siyam,  
Ang lalakaran ko'y  
Parte ng dinulang,  
Isang pinggang pansit  
Ang aking kalaban.*

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