

## **Boy Scouts of the Philippines**

## **National Office**

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## NATIONAL OFFICE MEMORANDUM Number 41 Series 2020

TO

**National Office Directors and Executives Regional Scout Directors and Executives** 

Council Scout Executives and Officers-In-Charge

Commissioners at all Ranks and Levels
Lay Leaders and Members-at-Large

Unit Leaders and Assistants
Parents and Guardians of Scouts

**All Others Concerned** 

SUBJECT

GULAY AT MALUNGGAY PARA SA MALUSOG NA BUHAY

- 1. Pursuant to the National Office Memoranda No. 34 and 35 series of 2020 dated 15 and 21 May respectively, in connection with the "Urban Agriculture Project (UAP) under the "Ahon Lahat, Pagkain Sapat Kontra sa Covid-19 (ALPAS Sa Covid-19) between the Department of Agriculture (DA) Bureau of Plant Industry (BPI) and the Boy Scouts of the Philippines", all concerned are hereby encouraged to include and promote the planting of Malunggay Trees nationwide in their backyards, schools and communities.
- 2. Moringa Oleifera or popularly known as "Malunggay" is a plant that has been praised for its health benefits for thousands of years and is considered as one of the world's most useful and nutritious plants and are propagated for human food, livestock, medicine and water treatment. It is a plant that is often called the drumstick tree, the miracle tree, the ben oil tree, or the horseradish tree. Gram for gram, malunggay leaves contain seven (7) times the vitamin C found in oranges, four (4) times the calcium and two (2) times the protein found in milk, four (4) times the vitamin A found in carrots and three (3) times the potassium found in bananas.
- 3. Malunggay trees grow easily from seeds or cuttings. They grow quickly even in poor soil and bloom eight (8) months after planting. It is best to plant the seeds or cuttings directly where the tree is intended to grow and not transplant it as this often cannot survive transplanting.

- 4. This project is envisioned to be a long term solution in mitigating hunger and malnutrition in the country by mandating all Scouts and Scout Leaders to plant at least one malunggay tree in their backyard. This is also in support to the Food for School Program and Gulayan sa Paaralan of the Department of Education which aims to sustain feeding of children with low-cost nutritious foods.
- 5. For Scouts who planted and nurtured at least twelve (12) Malunggay trees, this will give them the opportunity to earn the "Go Green and Grow Green" Merit Badges with the help of their Troop Leaders, Outfit Advisors and Merit Badge Counselors.
- Should you have queries and concerns about this project, you may contact directly to Ms. Sophia U. Castillo, Go Green Coordinator, via email at <a href="mailto:sophiecastillo@gmail.com">sophiecastillo@gmail.com</a> or at mobile number 09985940157.
- 7. Kindly share your inspiring stories, videos, pictures and narratives to our Public Relations Officer, Public Relations and Communications Office, BSP thru **Mr. David Dominic M. Lanuza**, via email at <a href="mailto:ddml.bsp@gmail.com">ddml.bsp@gmail.com</a>, prco.bsp@gmail.com and <a href="mailto:scouts.ph@gmail.com">scouts.ph@gmail.com</a>.
- 8. Please make use of our official hashtags #ScoutsAgainstCOVID19, #ScoutsPH #LagingHandaPH, #ScoutsStayHomePH, #UrbanAgriculture, #MessengersOfPeace, and #Scouts4SDGs to keep track of our online engagement, reach and impact. You may visit our official website at <a href="www.scouts.org.ph">www.scouts.org.ph</a> and official social media accounts @boyscoutsPH for Facebook, Instagram and Twitter.
- 9. For information, guidance and widest dissemination.

ROGELIO S. VILLA, JR. Secretary General