Boy Scouts of the Philippines



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NATIONAL OFFICE MEMORANDUM No. 32 Series of 2020

To : National Office Directors and Executives

Regional Scout Directors and Executives
Council Scout Executives and Officers-In-Cl

Commissioners at all Ranks and Levels

Lay Leaders and Members-at-Large Unit Leaders and Assistants Parents and Guardians of Scouts

All Others Concerned

SUBJECT: BOY SCOUTS OF THE PHILIPPINES SUPPORTS

THE "BAYANIHAN TO HEAL AS ONE ACT"

1. Background. Pursuant to the Presidential Proclamation No. 922, Series of 2020 issued on 8 March 2020, declaring a State of Public Health Emergency throughout the Philippines due to the Coronavirus Disease 2019 (COVID-19) and the Code Red Alert System for COVID-19 was raised to Code Red Sub-Level Two (2) in accordance with the recommendation of the Department of Health (DoH) and the Inter-Agency Task Force for the Management of Emerging Infectious Diseases (IATF). Furthermore, the Presidential Proclamation No. 929 Series of 2020, was issued last 16 March 2020, declaring a State of Calamity throughout the Philippines and imposed an Enhanced Community Quarantine (ECQ) throughout Luzon. On 24 March 2020, President Rodrigo Roa Duterte signed the Republic Act No. 11469, An Act Declaring the Existence of a National Emergency Arising from the COVID-19 Situation and a National Policy in connection therewith, and Authorizing the President of the Republic of the Philippines for a Limited Period and Subject to Restrictions, to Exercise Powers Necessary and Proper to Carry Out the Declared National Policy and for Other Purposes. This Act is otherwise known and cited as "Bayanihan to Heal as One Act".

- 2. Rationale. In view thereof, the Boy Scouts of the Philippines, in accordance to its purpose, which is to 'promote and encourage, through organization and cooperation with other agencies, the ability of boys to do useful things for themselves and others, to train them in Scoutcraft, and to inculcate in them patriotism, civic-consciousness and responsibility, courage, self-reliance, discipline, and kindred virtues, and moral values, using the methods which are now in common use by Boy Scouts, [with special emphasis on spiritual values which constitute the basic foundation of a strong character and sound citizenship]. (Sec. 3 of Sec. 1 of R.A. 7278), expresses its full support to the National Government, its Agencies as well as the Local Government Units in the full implementation of the "Bayanihan to Heal as One Act". Furthermore, Tuesday, April 7, 2020, upon the recommendation of the IATF, the President has approved the extension of the ECQ in Luzon, until 11:59PM of April 30, 2020, which was consequently announced by Cabinet Secretary Karlo Nograles.
- 3. **Aim and Objectives.** This initiative aims to call for unity, cooperation and solidarity among all Scouts and Scout Leaders to be responsible and law abiding citizens in this time of COVID-19 Global Pandemic, by breaking the chain of the virus transmission by staying at home, frequently washing our hands with soap and water, or alcohol and hand sanitizer, observing social/physical distancing, observing proper coughing and sneezing etiquette, wearing mask whenever necessary and by keeping our household clean and sanitize as frequently as possible.

It further seeks to encourage Scouts and Scout Leaders to engage and do some home-based activities that will keep themselves physically, mentally, emotionally, socially and spiritually sound and fit during the ECQ.

The Objectives of this initiatives are as follows:

- 1. To practice, live-up and abide by the Scout Principles of Duty to God and Country; Duty to Others and Duty to Self;
- 2. To make this situation as an opportunity for all Scouts and Leaders to be able to be of service and do our good turn daily safely, in our own ways and means;
- 3. To provide Scouts, Scout Leaders, Parents and Guardians with various ideas, concepts, resources, materials and references to run educational activities from home during the period of the ECQ;
- 4. To engage Scouts and Scout Leader to make themselves useful and productive in this time of the ECQ, by undertaking activities online and at home that will further improved their knowledge, skills and competencies;
- 5. To crowdsource inspiring Scout stories and best practices from young people who have done simple act of kindness, assistance and support to volunteers and frontliners.
- 4. We also take this opportunity to congratulate all Scouts and Scout Leaders who have actively participated in the Jamboree on the Internet (JOTI) Special Edition last 3-5 April 2020, with much of your talent and skills shared to your fellow Scouts online and learned from different sessions and webinars, scout talks, virtual campfires, crowdcast presentations, and live shows at the official YouTube channel.
- 5. Everyone is reminded to exercise proper and safe precautionary measures following the safety standards for sanitation and disinfection procedures by the Department of Health, especially those Senior Scouts, Rover Scouts and Scout Leaders who are conducting relief assistance and donations, in their own local initiatives, to our frontliners on duty, to disinfect before, during and after your respective community service projects for your own safety. This should be conducted on limited number of participation to avoid and lessen physical gathering and proximity to each other and must be locally coordinated while observing proper distancing and sanitation procedures.
- 6. This office also takes cognizance of various commendable efforts and initiatives by Local Councils and Regional Offices at your level, especially those related to online social media presence of Scouting and involvement of our members, including the members of various groups such as the National Training Team headed by NEB Member and National Training Commissioner Leonides T. Son, under the campaign of #ScoutsStayHomePh; our Ten Outstanding Boy Scouts of the Philippines (TOBS) Awardees; and several community service projects by the Alpha Phi Omega (APO) Rover Circles; the Eagle Scout Organization of the Philippines (ESOP) and the National Eagle Scouts Association of the Philippines (NESAPh), respectively.
- 7. Kindly share your inspiring Scout stories, videos, pictures and narratives to the Public Relations and Communications Office, thru **Mr. David Dominic M. Lanuza**, via email at ddml.bsp@gmail.com and bsp@scouts.org.ph.
- 8. Please make use of our official hashtags #ScoutsAgainstCovid19; #ScoutsPh #LagingHanda #ScoutsStayHomePh #MessengersofPeace #Scouts4SDGs to keep track of our online engagement, reach and impact. You may visit our official website at www.scouts.org.ph; and official social media platforms @boyscoutsofthephilippines for Instagram; @boyscouts_BSP for Twitter and facebook.com/bspNHQ for Facebook.
- 9. For an on behalf of the National Executive Board and the entire Professional Staff of the Boy Scouts of the Philippines, I would like to enjoin all Scouts, Scout Leaders, Parents and Guardians, and Council Scout Executives to promote and actively participate in this initiatives in order to continuously provide learning and educational opportunities to all our members in this challenging times brought about by this COVID-19 Global Health Pandemic.

- 10. Should you have further queries you may refer them directly to **Mr. Yasser F. Sarona,** Program and Adult Resources Development Executive, via email at yasser_bsp@yahoo.com or yasser_bsp@yahoo.com or <a href="mailto:yasser_
- 11. Attached herewith is the list of suggested activities, materials and resources for all our Scouts, Scout Leaders, Parents and Guardians for your easy reference.
- 12. For information, guidance and widest dissemination of all concerned.



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BSP SUPPORTS THE BAYANIHAN TO HEAL AS ONE ACT: SCOUTS AGAINST COVID-19 AND SCOUTS STAY HOME CAMPAIGN

Pursuant to this Memorandum, the Boy Scouts of the Philippines hereby recommends the following home-based programs, projects and activities for all Scouts and Scout Leaders:

A. Duty to God and Country

- a. COVID-19 ECQ offers an opportunity for all us to think and reflect of our personal relationship with God with respect to our individual faith and belief. Always remember that a Scout is Reverent. This can be a perfect moment to strengthen our personal relationship with God through:
 - i. Reading of the Holy Scriptures / Bible or Quran
 - ii. Listening to Worship Songs and Music every morning or evening
 - iii. Devotion Prayer with your family and relatives
 - iv. Observance of Scout's Own: Personal Reflection and Meditation
 - v. Design and create Prayer Cards and Bookmarkers for your family, friends and loved ones with your personal prayers.
 - vi. Prayer Partners! Using Zoom, FB Messenger or Skype, you may schedule a brief virtual prayer meeting with your close friends, Scouts and Non-Scouts and share few Bible Verses or Spiritual Quotes with each other
 - vii. Live streaming or hosting watch party for online masses for friends, family and loved ones
- For more details on Guidelines on Spiritual and Religious Development in Scouting you check this link/URL http://scout.org/sites/default/files/library_files/Guidelines_SRD_en%20%281%29.pd
- c. We call to all Scouts and Scout Leaders as active and responsible citizens of our beloved country to support and promote the directives and protocols of the National Government in this time of Enhanced Community Quarantine. Let's be proactive in sharing verified and reliable information from trusted and credible sources about COVID-19 through the Department of Health, the World Health Organization, the DILG, PNP, IATF and other Government Agencies.
- d. For Scouts and Scout Leaders ages 18 and above, you may check with your respective Barangays and LGUs on how you can be of service to them, such as repacking of relief goods, sorting out of donations and distributions, but see to it that you have complied by the standards and protocols of sanitation procedures and physical distancing before, during and after the community service activities.
 - i. With active Senior Scout Outfit and Rover Circles, just like the others who have conducted their respective relief and donations, you may also conduct and run your own relief and donation drive virtually or online, by teams, crews, with your close friends and relatives, coordinate with LGUs and Barangays to assess their needs.
- e. Let's follow the rules and regulations set by our Barangay Officials and Local Government Units, especially the compliance to Curfew from 08:00 PM to 05:00 AM.
- f. For Standard and Basic Information about COVID-19 you may refer them to WHO Question and Answer through this link https://www.who.int/news-room/q-a-detail/q-a-coronaviruses

B. Duty to Others

- a. To help other people at all times... As Scout, even in our own little ways, we can still make a difference in this great times of crisis, especially for all the Volunteers and Frontliners of this COVID-19 Global Pandemic:
 - i. We would like to enjoin our Kawan Leaders; Troop Leaders and Outfit Advisors to get in touch with the parents and guardians of our KAB Scouts, Boy Scouts and Senior Scouts to encourage them to write their message of support to our COVID-19 Frontliners, their pledge to stay at home and help keep their household safe from Covid-19. These could be done thru:

- 1. Drawing, painting of slogan and posters about our volunteers and frontliners heroic deeds
- 2. Video recording of spoken poetry or an inspiration song dedicated to volunteers and frontliners
- b. Taking the initiatives of our BSP National Training Team, under the leadership of our NEB Member and National Training Commissioner Leonides T. Son, this trying time offers another opportunities for our Trainers to share their expertise, knowledge and skills. We have seen series of Episodes from different Trainers demonstrating a Skill, requesting for Call to Action, and Advocacy Campaign, We urge our Scout Leaders to do the same, create your content for the benefit of both Scouts and Scout Leaders.
 - i. Choose a topic for discussion, a Scout Skills, Talent or Subject Matter that you wish to explore and share.
 - ii. Prepare your materials and procedures and record your video for at least 3-5 minutes depending on your style and delivery.
 - iii. Make sure to suit your content and approach to our primary audience, our fellow Scouts and Scout Leaders.
 - iv. You can visit and check these through #ScoutsStayHomePh Facebook group for more information or you may get in touch with our National Training Commissioner.

C. Duty to Self

- a. To keep our self physically strong... As Scout, we need to keep our selves ready and prepared at all times, maintaining a basic and simple physical routine at home will keep us fit and sound at all times.
 - i. Do a routine household sanitation using 8/8 round turn, clean and sanitize your household by 08:00 AM and repeat the routine by 08:00 PM on the same day to ensure COVID-19 Free Household
 - ii. Make a checklist of your household chores from simple, basic to complex which requires more physical activities such as water the plants, washing dishes, fetching water, floor mopping and waxing, wipe with surfaces with rug and disinfectant
 - iii. Do at least 10-15 minutes stationary or neighborhood vicinity walk/brisk walking in the morning. Walk or Ride a Bicycle going the market for errand to burn fats and energy.
 - iv. Ensure mental health by doing at least 10-15 Meditation and Reflection using instrumental music to calm your mind.
 - v. Make initial plans for the day or week with respect to your household chores, hobbies and interests. Remember that social distancing is all about proximity and not about your inter-personal relationships, so even if you do not get physically close to your friends, families, relatives and loved ones, you can get in touch with them using the internet.
 - vi. Set time and limit your online and social media consumption daily and avoid negative posts to avoid depression. You can go for music therapy for about an hour to two.
 - vii. Read your favorite Novels and watch your favorite TV Series on specific time of the day.
 - viii. In doing this, you can create your new daily routine with all these activities at home, online, and personal time.
- b. We would like to call our Scouts and Scout Leaders to engage in an online Scout Advancement and Merit Badge Counseling session period for a day, starting with few basic MERIT BADGES, that can be workout at home such as:
 - i. World Brotherhood Merit Badge (especially for those who participated in the recently concluded JOTI Special Edition) Make a learning journal about your participation in the JOTI, the names of your Scouts you have met and talked to from other countries, the webinars and online sessions you have attended and what you have learned from each activity. The JOTI site is still up even after the event so you want to check again at www.jotajoti.info
 - ii. Citizenship Merit Badge Series this could be a combination of set of activities intended for the Home, Community and the Nation. There is a lot of activities that a Scout can do at home under these category. You may visit the http://www.mbcenter.org/htm/ for more information.

- iii. Safety Merit Badge This Merit Badge is very timely, you can start by ensuring that your household is the SAFEST place on Earth not only from COVID-19, but more so from Fire-prone hazards and other unsafe areas within your vicinity.
- iv. Home Repair Merit Badge This is another classic Merit Badge that is basically home-based. Check your tables and chairs, celling, toilet, sink, cabinet, windows, door jambs and other areas at home that needs cleaning, maintenance and repair.
- v. Electronics and Electricity Merit Badge This could be another interesting home-based Merit Badge, just like Home Repair, do a routine check of electricity outlet, circuit breaker, light bulbs, power extension cord, and related electronic appliances, gadget and equipment for fun-filled MB requirements. Just make sure that you are safe, you make check this video from YouTube
 - 1. https://www.youtube.com/results?search_query=basic+electronics
 - 2. https://www.youtube.com/results?search_query=basic+electricity+
- vi. Ropework Merit Badge This Merit Badge is very much Scouting, though we have missed a lot of suspended Scouting activities at the Local, Regional and National levels, you can still hone and improve your tying skills online with this link https://www.youtube.com/results?search_query=Ropework+and+Knots
- vii. Filipino Heritage Merit Badge For those Book-Lover Scouts out there, you start working on this Merit Badge by reading the Life and Works of Philippine Heroes. You may start browsing literature and online journals about Rizal, Mabini, Bonifacio and other Heroes.
- viii. Cooking Merit Badge try to create a week long menu in consultation with your parents, make sure to check on balanced food menu with Go, Grow and Glow Foods category, ensure variety of meat, fish, vegetable and other nutritious food group. Make an instructional video of your Cooking procedure as part of the #QuarantineCuisine and JOTI Master Chef, share it with your fellow Scouts online.
- c. We would also like to encourage our Scout Leaders, Trainers, Commissioners, Lay-Leaders and Members-at-Large to make their time productive by means of engaging themselves through series of E-Learning Course Work not only related to Scouting but for their personal and professional development.
 - i. Here under are some of the few links that you can access and start taking your E-Learning Course Work and Modules:

1. SCOUTING Related

- a. Introduction to Scout Method https://services.scout.org/service/1
- b. Adults in Scouting Life Cycle https://services.scout.org/service/3
- c. Job Description for Adults in Scouting https://services.scout.org/service/3
- d. Introduction to Diversity and Inclusion https://services.scout.org/service/4
- e. Scouts for SDGs and the Better World Framework https://services.scout.org/service/5
- f. SfH1: Safe from Harm for Everyone https://services.scout.org/service/6
- g. SfH2: Course for WOSM Volunteers and Staff https://services.scout.org/service/6
- h. Spiritual Development: Exploring the Invisible https://services.scout.org/service/7
- i. Introduction to Humanitarian Action https://services.scout.org/service/8
- j. Capacity Strengthening in World Scouting https://services.scout.org/service/9
- k. 3 Methods of GSAT https://services.scout.org/service/9
- I. World Scouting's Quality Standards https://services.scout.org/service/9
- m. Exploring and Scoring GSAT https://services.scout.org/service/9

- n. Introduction to Risk Management https://services.scout.org/service/10
- Growing Together: Growth Context in Scouting https://services.scout.org/service/13
- p. Preparing for Growth https://services.scout.org/service/13
- q. Journey to Growth https://services.scout.org/service/13

2. NON-SCOUTING Related E-Learning Modules

- a. Principles of Leave No Trace by Center for Outdoor Ethics: Online Awareness Course https://lnt.org/get-involved/training-courses/online-awareness-course/
- b. Alison Free Online Courses https://alison.com/
- c. TESDA Online Program https://www.e-tesda.gov.ph/

3. COVID-19 Related E-Learning Modules

- a. COVID-19 Preparedness and Response https://openwho.org/courses/UNCT-COVID19-preparedness-and-response-EN/items/2aOd0hHSuNkRCiYgkwL38W
- b. ePROTECT Respiratory Infections <u>https://openwho.org/courses/eprotect-acute-respiratory-infections/overview</u>
- c. Infection Prevention and Control for COVID-19 https://openwho.org/courses/COVID-19-IPC-EN/items/23e29yFZJ9DgmcHUgAL0hR
- d. Risk Communication Essentials https://openwho.org/courses/risk-communication