

BOY SCOUTS OF THE PHILIPPINES
National Office
Manila

28 January 2013

MEMORANDUM

TO : All BSP National Office/ NCR and NCR Local Council Staff covered under the Health Care Program

SUBJECT : Annual Physical Examination

Please be informed that the schedule for Annual Physical Examination under the BSP Medical Insurance will be on Tuesday, 05 February 2013, from 0800H to 1600H at the Admin Room, Ground Floor, BSP National Office.

A Medical team from Clinica Dela Luz (Mobile Clinic) will conduct the following examinations:

- Medical History
- Physical Examination
- Visual Acuity
- Chest X-Ray
- Fecalalysis
- Urinalysis
- Complete Blood Count
- Electrocardiogram (ECG) for 35 years old and above
- Pap Smear (female only) for 35 years old and above

Please take note of the following procedures to be observed during the Annual Physical Examination, to wit:

- Step 1.** Fill-up APE forms, proceed to registration and submit stool specimen. You will then be given urine specimen vial with corresponding control numbers.
- Step 2.** Proceed to next table for Blood Extraction CBC and/or Blood Chem. (CBC does not require fasting)
- Step 3.** Proceed to next table for Eye Examination or Eye Refraction.
- Step 4.** Proceed to corresponding doctor for Physical examination and history taking.
Male Employees to male doctor
Female Employees to female doctor
- Step 5.** Papsmear and ECG for female 35 years old and above
- Step 6.** ECG for male 35 years old and above
- Step 7.** Proceed to X-ray Mobile van for chest x-ray. Please be advised not to wear double clothing or jewelries to avoid delay.
- Step 8.** Submit finished APE forms to registration table.

Hereunder is the grouping schedule to ensure systematic flow and to minimize disruption of office work:

BATCH 1 (8:00 am)

J. Rizal C. Pangilinan
Marilyn Pangilinan
Florencio B. Atinyao
Lilia B. Dimayuga
Nixon A. Canlapan
Fortely Mabunga
NCR Staff

Danilo G. Dela Cruz
Myrna Dela Cruz
Joseph Florante C. Alvaro
Roger S. Villa, Jr.
Ligaya Villa
Arsenia Gutierrez

BATCH 2 (9:00 am)

Joanna Valeza
Jose Patrick R. de Leon
Carmelo B. Francia
Alicia Canlapan
Teresita A. Bautista
Ma. Corazon O. Manic
Arwin Fabellon
Mark Kenneth Adra

Makati City Council Staff

Aliw B. Delos Reyes
Marlon Pingol
Marlon Bernardo
Manuel Isidoro III
Nancy Isidoro
Ermin Delim
Alona Grace Bibas
Bruno Buenaobra

BATCH 3 (10:00 am)

Sofronio D. Hontanosas
Evelyn A. Borja
Emmanuel Loon
Sophia U. Castillo
Emerito Arquero
Catherine Arquero
Barbara De Leon
Aurora Felias
Noel Calicdan

Victor Reyes
Carmelita Reyes
Sixto Abella
Mary Grace Dimailig
Julieta Buensuceso
Charlie Cameros
Ma. Lea Fungo
Elsita Calamba

BATCH 4 (11:00 am)

Arthur Sales
Weenah Sales
Eddie De Mesa
Reslie B. Mendoza
Roger Perez
Errol Eugenio Garcia
Romeo Flores
Noel Isurina

Frederick E. Bonifacio
Emmanuel del Rosario
Florencia Orozco
Ronald Sudiagal
Servillano Bajora
Marilyn Dispolon
Mark Darrell Rey
Wilma Neverida

BATCH 5 (1:00 pm)

Ruben Jacla
Rogelio Pido
David Taha
Maila Wagayen
Elmer Legisniana
Ricky Neverida
Bengie Palomillo
William Cabanatan
Antonio Bajora

Armando Ortile
Henry Mendoza
Jonathan Luarca
Alpha Grace Luarca
Yasser Sarona
Jerry Rubrico
Chonamar Rubrico
Zenaida Reyes
Carmelo Saliendra

Please be guided accordingly.


J. RIZAL C. PANGILINAN
Secretary General